

U3A MURRAYLANDER

Promoting lifelong learning and positive ageing

PROGRAM: Semester 1/2026 Edition No.73

TERM 1: Tues 27th Jan — Fri 10th April (11 weeks)

TERM 2: Mon 27th April — Fri 3rd Jul (10 weeks)

From the President – Helen Elix

Dear Members,

What an exciting year it has been for U3A members, with much to appreciate both in life and within our community. Celebrating our 20th Birthday in April was a major milestone, made possible through the dedication of past and present members. Toni-Fae AM our Public Officer has dedicated 18 years service. Our new Patron, Peri Strathearn, is a strong community advocate and he will join us at the Christmas function.

Heartfelt thanks to all members of the U3A Management Committee. We are fortunate to have proactive and enthusiastic volunteers who uphold the leadership and skill sets needed to maintain a well-run U3A. My sincere thanks to:

- **Pam Luke**, Vice-President, for her valued support.
- **Lynton Hall**, Secretary, who has taken on this key role with impressive skill and ease.
- **Pam Morgan**, Treasurer, for ensuring U3A remains financial.
- **Wendy Osborne**, Program Coordinator, for her tireless communication and coordination.
- **Pat Nuske**, our attentive and reliable editor.
- **Jill Sullivan**, our Webmaster for 15 remarkable years.

To **Bob, Maggie, Chris, Ruth, and Jan**—thank you for your wisdom, life experience, skills, planning, promotions, social research and many behind-the-scenes contributions.

Congratulations and thank you to all tutors, leaders, and assistants for providing a wide range of engaging courses. Your dedication enriches our members' wellbeing and connection.

We continue to be grateful to the **White Park Community Clubrooms**, owned by the Rural City and supported by the White Park Management Committee. What an excellent venue we are privileged to share with Lions Club members. Our external venues also provide opportunities as our membership grows.

Thank you to the **Office of Tony Pasin MP** for ongoing support in printing our newsletter program and class materials.

It has been an honour to serve as President for the past four years, and previously as Program Coordinator for four years. I look forward to continued involvement on the committee in areas where I can contribute most. Thank you all for your support.

On behalf of the committee, I wish you joy and fulfilment with U3A in 2026. God bless, and Christmas greetings to you all.

Regards, Helen



CONTACT DETAILS

Postal Address:

U3A Murraylands
Box 1664, Murray Bridge 5253

U3A Mobile: 0413 704 951

U3A Email: U3AML5@gmail.com

Website: www.u3amurraylands.net

OFFICE: White Park Community Clubrooms
19 Mulgundawah Road, Murray Bridge
Thursdays 10am—12 noon



<https://www.facebook.com/u3amurraylands/>

OFFICE BEARERS

President:

Helen Elix M: 0410 510 280

Vice President:

Pam Luke M: 0428 813 331

Secretary:

Lynton Hall M: 0417 827 750

Treasurer:

Pam Morgan M: 0407 395 917

Program Co-ordinator:

Wendy Osborne M: 0438 447 278
U3A Mobile M: 0413 704 951

COMMITTEE MEMBERS

Bob England	M: 0438 323 084
Margaret Davidson	M: 0412 272 103
Chris Harvey	M: 0428 865 862
Ruth Hall	M: 0402 904 432
Jan McNeil	M: 0428 788 032
Pat Nuske	M: 0428 215 279

Newsletter Editors:

Pat Nuske	M: 0428 215 279
Helen Elix	M: 0410 510 280

Website:

Jill Sullivan M: 0418 815 642

Patron:

Peri Strathearn M: 0419 827 124

Public Officer:

Toni-Fae Robinson AM M: 0432 128 981

U3A is a learning co-operative of 'third age' people (50 years and no longer working full time or are retired). A self help and non-profit organisation that encourages a positive approach to ageing by enhancing self esteem, independence and sharing experiences including educational, creative and leisure activities.

ANNUAL GENERAL MEETING

U3A members are invited to the AGM, held Friday 13 February 2026 at 1:30pm

White Park Community Clubrooms. Reports & Agenda available on the day. All positions will be declared vacant followed by the election of office bearers and committee members.

If you have an interest in being part of the committee and want to know more, contact secretary Lynton Hall M: 0417 827 750 or president Helen Elix M: 0410 510 280 .

A copy of Committee roles and responsibilities is available in the main hall by the photo display.

Collect a Nomination form & envelope labelled 'Confidential—Secretary Lynton Hall' at White Park.



Guest Speaker: Nicholas (Nic) Bishop presenting 'INTO INDIA'

Nic has worked in the zoo world for 20+years, specialising in birds and animal behaviour. He has combined his background as an actor/singer with academic pursuits in performance arts, applied ornithology and wildlife management, as an Animal Behaviour and Creative Programs Manager at Zoos South Australia.

SOCIAL MEDIA, COMPUTING, TECHNOLOGY, PHOTOGRAPHY & MORE...

GMAIL TIPS & TRICKS

Offered Semester II / 2026 depending on enrolments. Refer Semester 1 enrolment form to indicate your level of interest. Min 6 Max 10
Tutor: Helen Elix Mob: 0410 510 280
Offered in Semester 2 depending on interest.
Time: 2.00pm—4pm
Venue: White Park (Hall—Projector end)
Cost: \$2 per session



PHOTO BOOKS & PHOTO ENHANCING

Specifically for those wishing to restore Photos.

Minimum of 4 enrolments to proceed

Tutor: Barry Stacey Mob: 0407 322 209
Assistant: Pat Nuske Mob: 0428 215 279
T1: Jan 27th, Feb 3, 10, 17 (Photo Enhancing)
T2: Feb 24th, Mar 3, 10, 17. (Photo Books)
Time: Not Offered
Venue: 10am to 12 noon
Cost: White Park (Front Room)
\$2.00 per session

Bring your Laptop loaded with Photoshop version 18 or above. Not suitable for Tablets or iPads. Barry may be able to provide an earlier Photoshop version if required.

ANDROID PHONE-TABLET

Know your Android phone/ Tablet. Extend your use & customise settings. Bring mobile/Tablet fully charged.
Tutor : Claudia Schiek Mob: 0437 056 333
Dates: T1 Feb 5,12 &19th.
T2: Not Offered
Subject: Phone /Tablet 2.00-4.00pm
Venue: White Park (Hall TV)
Cost: \$2 per session



HEALTHY EATING

A focus on nutrition and healthy eating. A number of members missed out on some courses offered in 2024. 'Salads in a Jar' & 'Breakfast in a Jar' are therefore repeated in Semester I. Demonstrations, handouts, tastings, recipes and fun hands-on practical. Please pay at enrolment as ingredients need to be purchased.

Max 10 per session.

Tutor: Helen Elix Mob: 0410 510 280
Tutor: Pat Nuske Mob: 0428 215 279
T1: Fri, Mar 13 'Salads in a Jar'
T2: Fri May 8 'Breakfast in a Jar'
Time: 2—4pm
Venue: White Park (Kitchen & Hall Projector end)
Cost: \$2 per session \$10 for materials

APPLE iPhone / iPad

Maximise your skills with your Apple iPhone &/or iPad. Extend your use and customise settings Bring your phone/ Tablet fully charged. **Maximum 15**

Leader : Rob Andrews Mob: 0479 152 534
Assistant: Pat Nuske Mob: 0428 215 279
Dates: T 1: Not Offered
T 2: Tues May 5th (Weekly)
Time: 10.15am-12.00pm
Venue: White Park (Hall—Projector end)
Cost: \$2 per session

PHOTOGRAPHY

U3A Murraylands members are invited to join the Murray Bridge Library Community Photography Club.

Contacts details & Registration

Murray Bridge Library 85391175

Glenn Power Mob: 0413 645 099

glennpower4444@gmail.com.au

Cost: Classes at the Library are free. Some costs may be incurred at external venues.

ARTS & CRAFTS

WRITING FOR PLEASURE

(Semester 1 Enrolment) **MAXIMUM 12**

Put pen to paper and create a story or verse.

Discussion and plenty of laughs!

Tutor: Paul Crook **Mob:** 0433 736 320
Assistant: Geoff Osborne **Mob:** 0438 447 270
Date: **T1: Wed, Feb 4th** **(fortnightly)**
T2: Wed, May 6th **(fortnightly)**
Time: **10.00am – 12md**
Venue: **White Park (Front room)**
Cost: **\$2 per session**



ART FOR PLEASURE

(Semester 1 Enrolment) **Maximum 14**

A social gathering and sharing of skills.

Tutor: Graham Peake **Mob:** 0413 704 951
Art Advisor: Mary Norris **Mob:** 0439 844 865
Assistant: Wendy Osborne **Mob:** 0413 704 951
Date: **T1: Wed, Jan 28th** **(fortnightly)**
T2: Wed, Apr 29th **(fortnightly)**
Time: **9:30am – 12md**
Venue: **White Park (Hall, TV)**
Cost: **\$2 per session**



All participants to supply their own equipment

CARD MAKING - Maximum 8

[Semester 1 Enrolment]

This term we will be making a variety of cards.

Leader: Rosalie Pike **Mob:** 0428 836 171
Assistant: Wendy Osborne **Mob:** 0413 704 951
Date: **T1: Tues, Jan 27th** **(fortnightly)**
T2: Tues, Apr 28th **(fortnightly)**
Time **1.00pm-3.00pm**
Venue: **White Park (Front Room)**
Cost: **\$2.00 per session**
 \$5 for supplied card kit



Please bring your own tool kit.

Basic Tool Kit containing: Paper Trimmer, Scissors, scoring tool, adhesive tape and clear glue, Inch ruler, and pencil and sharpener.

PAPER CRAFT - Maximum 18

[Semester 1 Enrolment]

This term we will be making Roses with Red Onion Bags and egg cartons.

Leader: Chris Wilson
Assistant: Ann Ratsch
Date: **T1: Fri 27th March**
 T2: Not Offered
Time **1.30pm-3.30pm**
Venue: **White Park Main Hall (Projector end)**
Cost: **\$2.00 per session plus**
 \$3 for materials
Contact **Wendy Osborne Mob: 0413 704 951**



Please bring a glue gun (if you have one), and your own scissors. Paint, paint brushes and jars, egg cartons and skewers, needle and thread are supplied.

GENEALOGY

GENEALOGY **Maximum 22**

(Semester 1 Enrolment) *Research your family tree using Ancestry, Trove and other online resources.*



Leaders: Sheila Lewis **Mob:** 0427 398 394
 Edith Snell **Mob:** 0417 547 614
Assistants: Lyn Morgan **Mob:** 0427 032 913
 Trevor Gordon **Mob:** 0428 724 415
 Marilyn Smythe **Mob:** 0429 080 747
Date: **T1: Mon, Feb 2nd** **(weekly)**
T2: Mon, Apr 27th **(weekly)**
Time: **10am–12 md**
Venue: **White Park (Hall, TV section)**
Cost: **\$2 per session.**

MUSIC

KEYBOARD **Minimum 12**

(Semester 1 Enrolment)



Tutor **Jo Leach** **Mob:** 0412 761 846
Date: **T1:Wed Feb 4th** **(fortnightly)**
T2:Wed May 6th **(fortnightly)**
Time: **10.00 pm – 12.00 md**
Venue: **White Park (Hall, Projector end)**
Cost: **\$2.00 per session**

Supply your own music, keyboard and stand plus

UKULELE—BRIDGE STRUMMERS

(Semester 1 Enrolment) **Minimum 10**



Enjoy singing and playing a varied selection of songs. Playing for pleasure.

Leader: Sandra Sims **Mob:** 0422 041 799
Assistants: Jean Filmer **Mob:** 0417 816 880
 Claudia Schiek **Mob:** 0437 056 333
Dates: **T1: Mon, Feb 2nd** **(weekly)**
T2: Mon, Apr 27th **(weekly)**
Time: **1pm—3pm**
Venue: **White Park (Hall, Projector End)**
Cost: **\$2.00 per session**

VOCALIZE - SINGING GROUP

(Semester 1 Enrolment) Singing in groups improves our sense of happiness and well being, as well as a sense of community and belonging.

Leader: Coralie Mattner **Mob:** 0473 371 361
Assistant : Peter Geue
Pianist: Rose Symonds
Date: **T1: Tues, Feb 2nd** **(weekly)**
T2: Tues, Apr 28th **(weekly)**
Venue: **White Park (Hall, Projector end)**
Time: **1:30—2:30pm**
Cost: **\$2.00 per session**

STRETCH THE BRAIN

CANASTA Maximum 20

(Semester 1 Enrolment)

Interested in playing Canasta? Beginners welcome.
Facilitator: Pam Doecke Mob: 0409 620 596
Assistant: Barb Fawcett Mob: 0409 180 103
Date: T1: Thur, Jan 29th (Fortnightly)
T2: Thur, Apr 30th (Fortnightly)
Time: 10.00pm – 12.00md
Venue: White Park (Main hall)
Cost: \$2.00 per session



RUMMIKIN TILE & CARD GAME

(Semester 1 Enrolment) Maximum 16

Join our friendly group to play, beginners are welcome.
Facilitator: Kerry Davis Mob: 0407 719 373
Assistants: Heather McLoughlin Mob: 0488 239 065
Gail McMaster Mob: 0417 722 831
Date: T1: Mon, Feb 2nd (fortnightly)
T2: Mon, Apr 27th (fortnightly)
Time: 1.00pm – 3.00pm
Venue: White Park (Front Room or Hall)
Cost: \$2.00 per session

MAHJONG Maximum 40

(Semester 1 Enrolment) Please indicate if you are a new player as there is a maximum of 4 new players to commence at the beginning of Semester 1, Term 1 in 2026.



Please arrive 10 minutes prior to starting time.

Facilitator: Annette Nelson Mob: 0417 823 988
Assistant: Sue Hawkes Mob: 0487 175 356
Jan Menz Mob: 0407 790 146
Date: T1: Wed, Jan 28th (fortnightly)
T2: Wed, Apr 29th (fortnightly)
Time: 1.00pm–4.00pm
Venue: White Park (Hall)
Cost: \$2.00 per session

Mahjong handbooks are an additional cost. Please order these handbooks and pay for your own at Murraylands Newsagency. Approx \$25.

SCRABBLE Maximum 16

(Semester 1 Enrolment)

An afternoon of fun with words, join the scrabble group.

Facilitator: Jan Menz Mob: 0407 790 146
Assistants: Faye Campbell Mob: 0417 081 236
Annette Nelson Mob: 0417 823 988
Date: T1: Wed, Feb 4th (fortnightly)
T2: Wed, May 6th (fortnightly)
Time: 1.00pm–4.00pm
Venue: White Park (Hall)
Cost: \$2.00 per session



STRETCH THE BRAIN (CONT.)

500 CARD GAME Maximum 20

(Semester 1 Enrolment)

Interested in playing 500? Beginners welcome.
Facilitator: Pam Arbon Mob: 0438 288 121
Assistant: Gail McMaster Mob: 0417 722 831
Kerry Davis Mob: 0407 719 373
Date: T1: Thur, Jan 29th (fortnightly)
T2: Thur, Apr 30th (fortnightly)
Time: 1.30pm – 3.30pm
Venue: White Park (Hall)
Cost: \$2.00 per session



BOOK DISCUSSION GROUPS

1ST WEDNESDAY—MORNING COFFEE & BOOK DISCUSSION GROUP (Semester 1 Enrolment)

Maximum 12

Starting with tea or coffee. Come and join an informal exchange of views about a book which has been supplied

First Wednesday of each month

Leader: Helen Clark Mob: 0407 727 119
Assistants: Chris Harvey Mob: 0428 865 862
Hazel Hunter Mob: 0428 385 106
Dates: T1: Wed, Jan 7th, Feb 4th, Mar 4th, Apr 1st
T2: Wed, May 6th, Jun 3rd, Jul 1st
Time: 10.00am – 11.30am
Venue: Murray Bridge Public Library
Cost: Free Session



FIRST WEDNESDAY BOOK CLUB

(Semester 1 Enrolment)

A Library Group, sponsored by friends of the Library. U3A members are welcome to attend, lively discussion of fiction and nonfiction. First Wednesday of each month.

Facilitator: Peggy Bennett Ph. 8532 3429
Dates: T1: Wed, Feb 4th, Mar 4th, Apr 1st
T2: Wed, May 6th, Jun 3rd, Jul 1st
Time: 1.00pm–3pm
Venue: Murray Bridge Public Library
Cost: Free Session

FILM APPRECIATION

Pam Luke will inform those enrolled via email about a film at either the local Cameo or the Wallis cinema at Mt Barker. This could be a group outing i.e., car share and a fun social get together afterwards—a possibility.



Date: Please keep an eye on your EMAIL.
Contact: Pam Luke Mob: 0428 813 331

FUN & FITNESS

FUN & FITNESS

SOCIAL INDOOR CARPET BOWLS	Maximum 16
(Semester 1 Enrolment)	
A relaxing and enjoyable social game.	
Leader:	Yvonne Mach Ph: 8532 6024
Date:	T1: Fri, Mar 6,13,20,27 ,Apr, 10, T2: Fri, May 15,22,29, Jun 5,12,19,26, Jul 3
Time:	1pm—3pm
Venue:	Lutheran Church Hall, 427 Schenscher Rd, Monarto
Cost:	\$3 per session



INDOOR FITNESS & EXERCISE (Semester 1 Enrolment)

*“Balance and Bones”. Our strength, balance and co-ordination programme is for everyone. We follow a recommended DVD developed by U3A Network NSW. **BYO own weight (500 gram or 1 kg) & ball.***



One session per week/per member. Decide on a Tuesday **OR** a Friday. If you need to switch days, please contact your Leader.

Note: ‘All participants to complete a ‘Screening Questionnaire’. Available at the U3A Officer or from the class leader.

TUESDAY CLASS	Maximum 24
Leader:	Debbie Griffiths Mob: 0448 956 606
Assistant:	Thelma White Mob: 0430 483 560
Dates:	T1: Tues, Jan 27 th (weekly) T2: Tues, Apr 28 th (weekly)
Time:	9.00am–10.00am
Venue:	White Park (Hall)
Cost:	\$2.00 per session

FRIDAY CLASS	Maximum 24
Leader:	Keryl Kiel Mob: 0417 858 921
Assistant:	Jean Filmer Mob: 0417 816 880
Dates:	T1: Fri, Jan 30 th (weekly) T2: Fri, May 1 st (weekly)
Time:	9.00am–10.00am
Venue:	White Park (Hall)
Cost:	\$2.00 per session

TABLE TENNIS MAXIMUM 35

(Semester 1 Enrolment)

Keep fit with Table Tennis.

Please Enrol each Semester

Facilitator:	Rob Hancock Mob: 0439 802 209
Assistant:	Barry Griffiths Mob: 0418 708 010
Date:	T1: Wed, Feb 4, 11, 18,25 T2: Wed, May 13,20,27, Jun 3 rd
Time:	9.30am –11.30am
Venue:	Ken Wells Pavilion MB Showgrounds
Cost:	\$4.00 per session

WALKING GOUPE

(Semester 1 Enrolment)

All welcome irrespective of fitness level. Please wear suitable shoes, dress for the weather, bring a light snack, drinking water & wear your name tag.



The duration of most walks is 4-5km, approx. 1 hour within the Murray Bridge vicinity. Walking will commence subject to suitable weather. Walkers will be notified accordingly. Please keep an eye on your emails for up-coming walks and details.

Contact:	Bob England Mob: 0438 323 084
Assistant:	Margaret Davidson Mob: 0412 272 103
Dates:	T1: Not offered T2: Fri May 1st (fortnightly)
Times:	9:00am depart MB Railway Station (unless otherwise advised)
Locations:	Details to be confirmed—Check your email
Cost:	Nil

CROQUET

CROQUET Come & Try



The Murray Bridge Croquet Club are offering U3A members an opportunity to play Croquet. Please wear closed shoes with flat soles. Equipment supplied.

Contact:	Lyn Morgan Mob: 0427 032 913
Date:	T1: Thurs, Mar, 5,12,18,26 th T2: Not offered
Times:	8:45am (for 9:00am start)- 12.00 noon
Venue:	Croquet Club Cnr Thomas St & Short St, Murray Bridge
Cost:	\$5 per session. Pay on the day at the Croquet Club.

COST of Membership

NOTE: Membership is available to people who are over 50 years and working less than 15 hours per week or who are retired.

Member renewals are \$30 per calendar year (1st January to 31st December)

Renewals are due before the start of Term 1 / 2026
Tuesday 27 January 2026

If joining, as a new member, from 1st July to 31st December the fee is \$15.

Details for ONLINE Payments

**ACCOUNT: UNIVERSITY of the THIRD AGE ML
BSB: 015-665**

ACCOUNT NO. : 4982-52407

Include your name and reason for payment.
Please also send a brief Email: ‘Attention Treasurer’ E: u3amltreas@outlook.com regarding details of payment. Thank you!

ACTIVITIES & EVENTS—TERM 1 2026

COFFEE & CHAT

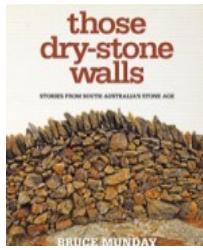
Date: T1: Thursday 19th February
Time: 10.30 a.m.
Venue: 1924 Steakhouse Sturt Reserve
Cost: \$15.00 per person, to be paid by 15th January.
Contact: Pam Luke
 Mob: 0428 813 331



GUEST SPEAKER

GUEST SPEAKER — Bruce Munday (Author)

Topic Those Dry Stone Walls
Date: T1. Thursday, March 19th
Venue: White Park (Hall)
Time: 1.30pm-3.00pm
Cost: \$2.00 + cuppa
Contact: Wendy Osborne
 0413 704 951



INDUCTION & ORIENTATION PROGRAM

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The U3A committee offer an 'Induction & Orientation' program to White Park Community Clubrooms. This was originally offered for new members of the committee and/or new tutors and leaders. This program has been very effective for members to learn about White Park, where things are and how they work. It takes approximately one hour to complete. Those interested are encouraged to register on the enrolment form. Dates and times will be determined depending on level of interest.



The U3A committee are exploring the transition to an all-in-one Membership Management System—**Member Wizard**. There are many benefits including; member login and enrolment, communication, email, financial management options, payments, events, class management, a secure member portal (via the U3A website) to name a few.

Member Wizard offers local (Australian) support and hosting. This system has been recommended and implemented in eight U3A's in South Australia and many U3A's throughout Australia.

Committee members have benefited from two in-person introductory sessions with Member Wizard users this year. The committee will continue to network to assist with training and the gradual implementation of the system during 2026. Members will be kept informed.



IMPORTANT NOTE: When completing your Enrolment form this Semester, please complete
 ALL OF YOUR CONTACT DETAILS

ACTIVITIES & EVENTS—TERM 2 2026

MYPOLONGA PRIMARY SCHOOL

VISIT MYPOLONGA PRIMARY SCHOOL, (learn about learning without calculators), and Lunch at the Mannum Community Club.



Date: T2 Thursday 21st May
Time: 9.30am meet at Murray Bridge Railway Station
Transport: Car share.
Cost: Pay on the day, lunch and drinks at own expense.
 Enrolment is a must to assist with catering.

REGIONAL PROFILE CUTTERS and lunch at Riverside Hotel Tailem Bend



Visit to Profile Cutters , see high quality & unique metal pieces , gifts, garden decorations and more.

Date: T2: Thurs. 18th June
Time: 9.30am meet at Murray Bridge Railway Station
Transport: Car share.
Lunch : Riverside Hotel, Tailem Bend at 12.noon
Cost: Pay on the day, lunch and drinks at own expense.
 Enrolment is a must to assist with catering.

ENROLMENT DEADLINE—Semester 1

All enrolments to be received at the office on
Thursday, Dec 11th & 18th 2025,
Thursday, Jan 8th & 15th 2026.



Please check the Notice Boards at White Park for Office closures through out 2026.

THANK YOU



Thank you!



**Printing done by
 the Office of Tony Pasin MP
 Federal Member for Barker**

NEWS, UPDATES AND NOTICES

OPTION TO PAY BY CREDIT CARD

U3A Murraylands offers the option of paying by credit card online or at the Office, on Thursdays 10-12 noon i.e., for social events and membership renewal. If you have any questions please ask at the office.

IMPORTANT: DIETARY REQUIREMENTS

NOTE: Members who have special dietary requirements must advise the Program Coordinator or those at the office in writing (in advance) of the event or activity. U3A aims to provide members with safe food options.

PROCESS FOR REFUNDS

U3A social events such as excursions usually involve a cost for members. U3A offers these programs providing value for money with as much flexibility as possible. If members require a refund, be aware that some venues are not flexible and require payment on the numbers at time of booking.

Members are required to complete a 'Refund Request' form. These forms can be collected at the Office, or downloaded on the U3A website: <https://www.u3amurraylands.net/more-about-us>

'Refund Request' forms can be returned to the office (during office hours), or placed in the White Box in the front room during regular classes.

The 'Refund Request' form provides 3 options

1. Cheque refund to be collected at Office
2. Bank refund (Your BSB & Account Number is required)
3. No refund required

'Refund Requests' is an Agenda item at committee meetings. The U3A Treasurer will be the contact person following committee approval.

RENT & INSURANCE

U3A Murraylands operate under a 'user pay system' i.e., \$2 to attend most classes. This small fee helps U3A pay rent for each area at White Park. When classes are held at venues other than White Park the above does not apply. Note that fees for classes not held at White Park are set by that particular organisation i.e., Table Tennis, Carpet Bowls, Lawn Bowls, Croquet, and Pistol Shooting.

Insurance: U3A Murraylands pay U3A SA (our peak body), \$2 per member annually to cover Public Liability Insurance. Public Liability does not cover Ambulance transport, this remains the responsibility of the individual member. Members of the committee, tutors and leaders are also covered by the 'Volunteer Workers Insurance'. Detailed information about this cover can be found at the website below.

<https://u3asouthaustralia.org.au/insurance-documents/>

PLEASE NOTE

1. Remember to advise your Tutor or Course Leader if you are **unable to attend a class, or have decided not to continue** the class you have enrolled in.
2. If your **contact details** have changed, please call into the office and complete a 'Change of Contact Details' form.
3. **U3A Newsletters, Membership and Enrolment Forms** are also available at the Office, 19 Mulgundawah Road, Murray Bridge, Thursdays 10am-12noon OR on the website: <https://www.u3amurraylands.net/>

If you have any questions
please phone U3A M: 0413 704 951

REMINDERS

Class fees for members are reminded to pay the correct fee for classes and events they attend. We endeavour to keep these costs to a minimum on a 'user pays' basis.

Attendance book: All members must sign the attendance book, as this covers you for Insurance as well, and particularly in the event of an Emergency Evacuation.

ACTIVITY VENUES

White Park Community Clubrooms

19 Mulgundawah Road, Murray Bridge

Ken Wells Pavilion—Murray Bridge Showgrounds

Croquet Club Thomas St , Murray Bridge

Murray Bridge Bowling Club (Cnr Thomas St & Adelaide Rd, Murray Bridge)

Murray Bridge Public Library-Marketplace

Lutheran Church Hall, Schenscher Road, Monarto

IMPORTANT CLASS INFORMATION

Some classes have a maximum number. If enrolling for these classes **once the maximum number is reached** your name will be added to a waiting list.

The Program Coordinator will contact you if this happens.

Note: If you are unable to attend a class or activity please notify your Tutor or the Program coordinator.

IMPORTANT REMINDER

Please wear your NAME TAG to all courses and activities. Ensure the Emergency Contact details on the back are current as this information can assist the medical staff in an emergency. Need a replacement? Call the U3A mobile on **0413 704 951** & collect from the U3A Office, Thursday 10-12 noon.

John Smith	EMERGENCY CONTACT (Name & Phone number) DOCTOR (Name & Phone number) ALLERGIES or MEDICAL CONDITIONS Please wear your name tag to classes/events.
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CHANGE OF CONTACT DETAILS

If you have moved or your contact details have changed please complete a 'Change of Contact Details' form. These are available from the Information Table in the front room at White park. Place your form in the white box on the wall in the kitchen.



IMPORTANT NOTES

Always refer to your Newsletter for full details of courses and activities or via the U3A website.

Members can expect to receive a reminder email for some courses and events i.e., a Exceptions may include irregular activities i.e., Coach/Excursions, Coffee N Chat, any cancellations, or details that change.

Members are advised to keep a record of their enrolment choices, dates, times, locations, tutors and their contact details.

Tutors will receive an email with a list of their participants following enrolment.

Questions and suggestions are welcome! Continuous improvement belongs to all of us, contact Program Coordinator on U3A Mobile: 0413 704 951.

Please remember to sign in for each class and pay the correct fee.

SEMESTER ENROLMENTS

Throughout this Newsletter you will notice 'Semester Enrolments.' **What does this mean?** Members will need to enrol each semester, because members often change their preferences to class enrolments.

If you have questions please do not hesitate to contact the Program Coordinator M: 0413 704 951, or ask at the Office on a Thursday morning from 10am-12 noon.

NOMINATIONS FOR THE AGM



Financial members have an opportunity to nominate or self nominate for a position as an Office Bearer or committee member for 2026. **Refer to the Nomination Form for full details.**

Specific information about the roles and responsibilities for these positions is available in the main Hall at White Park (by the photo display), as well as **Nomination Forms and envelopes marked 'Confidential' U3A Secretary Lynton Hall.**

Forms need to be completed and lodged before or by Thursday 29th January 2026. They can be placed in the white mail box on the wall in the front room or delivered to the Office.

Contact Helen Elix, President M: 0410 510 280 or Lynton Hall, Secretary M: 0417 827 750 for further information.



NOTICE BOARDS AT WHITE PARK

There are several notice boards at White Park. Please ensure to check these for new information on a regular basis.

SOCIAL COMMITTEE MEMBERS NEEDED

Members are invited to be part of the social committee which is a small sub-committee of the U3A Management Committee, led by the Program Coordinator.

This sub-committee plans various events for members to enjoy, for example; guest speakers, coffee n chats, lunches, coach tours to name a few.

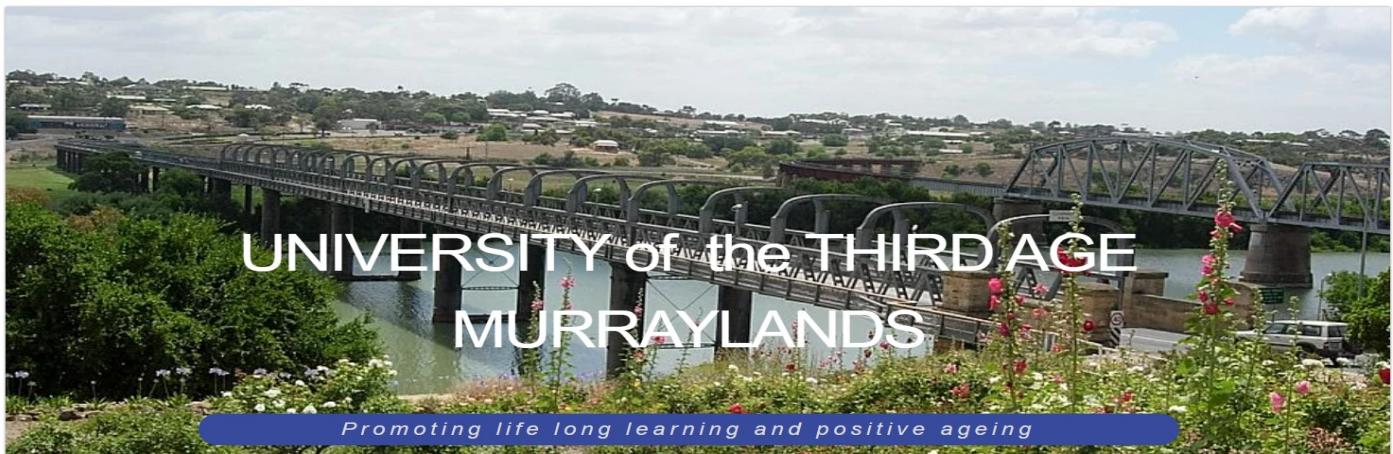
If you are interested in planning some of these events and becoming part of this sub-committee, please contact the Program Coordinator or one of the committee members listed on the front page of this newsletter.

PUBLIC HOLIDAYS Semester 1 2026

Thursday 1st January	New Years day
Monday 26th January	Australia Day
Monday 9th March	Adelaide Cup day
Friday 3rd April	Good Friday
Saturday 4th April	Easter Saturday
Sunday 5th April	Easter Sunday
Monday 6th April	Easter Monday
Friday 25th April	ANZAC day



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SEMESTER 1—2026

MEMBER PROFILE: Peri Strathearn—U3A Patron

Meet Peri Strathearn, U3A Murraylands' new patron! By day, Peri is a mild-mannered reporter with Murray Bridge News, the online publication he founded in 2020. After almost a decade spent working in newspapers, he was stood down during the COVID-19 pandemic, but decided he wouldn't stand for that – within a week he had launched a new website and email newsletter, where he continued to report on happenings around the Murraylands. These days, Murray Bridge News has an office on Seventh Street, employs two other staff, maintains a network of 15 digital signs in two communities, and publishes a quarterly lifestyle magazine, Murraylands Life. He has won a handful of awards during the course of his career, but perhaps none as coveted as his victory in the media cake decorating competition at the 2025 Callington Show.



By night, Peri is an equally mild-mannered musician, playing his trusty baritone ukulele in pubs and at events around the Murraylands. He is married with two school-aged daughters, Audrey and Daisy; and is (regrettably) a big fan of the Toronto Maple Leafs of North America's NHL. As well as serving as patron of U3A, he is the chair of the Murray Bridge Community Centre and a board member with the Local and Independent News Association, among other things. Tanunda is the town where he grew up, but Murray Bridge has been his home since 2012.

You can usually find out what he's been up to, and see what's going on around the Murraylands, at www.murraybridge.news.

