

U3A MURRAYLANDER

Promoting lifelong learning and positive ageing

Newsletter Semester 1/2024 Edition No.69

TERM 1: Mon 29th Jan — Fri 12th April (11 weeks)

TERM 2: Mon 29th Apr — Fri 5th Jul (10 weeks)

From the President – Helen Elix

As part of the U3A family, we have continued to grow a community that promotes lifelong learning, positive ageing, and friendships. I believe U3A enriches our life, shapes our leisure interests, and creates a feeling of belonging and wellbeing. Tutors, leaders, helpers, and participants are all to be congratulated on the positive sharing environments created in all our groups.



Leadership and relationships are key to any organisation, U3A is no exception. I wish to highlight the outstanding vision, enthusiasm, skill sets, and leadership qualities provided by members of your U3A management committee. The committee is stable and financially healthy despite having recently replaced four ageing laptops. It is a pleasure to be part of this team. My personal thanks to you all.

During December, we tend to reflect on the year that was, whilst simultaneously declaring the year has passed quicker than the previous. I am confident you will enjoy the courses, and activities offered in Semester 1 / 2024. A well-managed diary helps to keep us on track, so enrol early and record your preferences. Our current membership is 323, 207 female, 76 male, 40 did not renew this year.

In addition to our wonderful White Park facility, we have continued to appreciate and enjoy all our external venues for classes and activities. We are grateful for community connections with Tony Pasin MP and his staff for printing our newsletters, and Murray Computers for providing an excellent resource with quality information technology including remote support. Thank you to Murray Bridge Lions for coordinating the 'Free Skin Cancer Screening' this year. Our relationship with the White Park Management Committee and the Rural City of Murray Bridge is a positive one. These community connections enrich us in our third age.

Remember to refer to your U3A website for newsletters, enrolment and membership forms, share with your friends as many in our community remain unaware of what we have to offer. Our Facebook page is very active in sharing information about who we are and what we do including events in our local community. Note that your feedback is valued, we are all part of continuous improvement.

The AGM is scheduled for Friday February 16th, 2024. All positions are declared vacant each year. Please refer to the enclosed 'Nomination Form' to be received at the U3A office on or before 12 noon Thursday 18th January 2024.

Early in 2025 U3A can look forward to celebrating our 20th Birthday.

Once again, it's been a pleasure to serve as President during the past two years. As we approach the end of year and on behalf of members of the management committee, we extend to all a healthy, happy, safe Christmas and best wishes for the New Year.



CONTACT DETAILS

Postal Address:

U3A Murraylands
Box 1664, Murray Bridge 5253

Mobile: 0413 704 951

Email: U3AML5@gmail.com

Website: www.u3amurraylands.net

OFFICE: White Park Community Clubrooms
19 Mulgundawah Road, Murray Bridge

Thursdays 10am—12 noon



<https://www.facebook.com/u3amurraylands/>

OFFICE BEARERS

President:

Helen Elix M: 0410 510 280

Vice President:

Pam Luke M: 0428 813 331

Secretary:

Mary Norris M: 0439 844 865

Treasurer:

Pam Morgan M: 0407 395 917

Program Co-ordinator:

Wendy Osborne M: 0438 447 278

U3A Mobile M: 0413 704 951

COMMITTEE MEMBERS

Bob England M: 0438 323 084

Margaret Davidson M: 0412 272 103

Chris Harvey M: 0428 865 862

Lynton Hall M: 0417 827 750

Ruth Hall M: 0402 904 432

Jan McNeil M: 0428 788 032

Pat Nuske M: 0428 215 279

Newsletter Editors:

Pat Nuske M: 0428 215 279

Helen Elix M: 0410 510 280

Website:

Jill Sullivan M: 0418 815 642

Patron:

Alan Arbon OAM M: 0438 288 121

Public Officer:

Toni-Fae Robinson M: 0432 128 981

U3A is a learning co-operative of 'third age' people (who are over 50 years and no longer working full time or are retired). It is a self help and non-profit organisation that encourages a positive approach to ageing by enhancing self esteem and independence and by sharing experiences including educational, creative and leisure activities.

ANNUAL GENERAL MEETING

Friday February 16th at 1.30pm

Reports

All positions declared vacant
Election of Office Bearers & Committee members

Guest speaker: Peri Strathearn of 'Murray Bridge News'
Followed by afternoon tea.

Nomination forms are included with this Newsletter

Enquiries: Helen Elix, Ppresident 0410 510 280

Mary Norris, Secretary Mob: 0439 844 865

MURRAY
BRIDGE
NEWS



SOCIAL MEDIA, COMPUTING, TECHNOLOGY, PHOTOGRAPHY

SOCIAL MEDIA—FACEBOOK

Learn about important settings, fun with photos, posts, editing, stories, reels, videos who sees what and more! *Contact Helen in advance if you are struggling with something specific or would like to learn more about.* BYO: Laptop, Tablet, iPad, Mobiles, charging cords, Login and all passwords. **Maximum 10**

Tutor: Helen Elix Mob: 0410 510 280

Offered Semester II (Fridays)

Time: 2pm—4pm

Venue: White Park (Hall TV)

Cost: \$2 per session

ANDROID PHONE-TABLET

Know your Android phone/ Tablet. Extend your use and customise settings Bring your phone/Tablet fully charged.

Tutor : Claudia Schiek Mob: 0437 056 333

Dates: **T 1: Thurs. Mar. 14th, 21st, 28th**

T 2: Not offered

Subject: **Phone** 1.30-2.30pm

Tablet 3.00-4.00pm

Venue: **White Park (Hall TV)**

Cost: **\$2 per session**

EMAIL TIPS & TRICKS

Get the most out of your Gmail? This class is for both beginners and advanced users. *Contact Helen in advance if you are struggling with something specific or would like to learn more about.* BYO: Laptop, Tablet, iPad, Mobiles, charging cords, Login and passwords if you already have a Gmail account.

Maximum 10

Tutor: Helen Elix Mob: 0410 510 280

Dates: **Offered Semester II (Fridays)**

Time: 2.00pm—4pm

Venue: White Park (Hall TV)

Cost: **\$2 per session**

DIGITAL PHOTOGRAPHY ENHANCEMENT

Specifically for those wishing to restore Photos.

Minimum of 4 enrolments to proceed

Tutor: Barry Stacey Ph: 8532 2209

Assistant: Pat Nuske Mob: 0428 215 279

T1: Tues Feb, 6th, 13th, 20th, 27th

T2: **Not offered**

Time: 10am to 12 noon

Venue: White Park (Front Room)

Cost: **\$2.00 per session**

Bring your Laptop loaded with Photoshop version 18 or above. Not suitable for Tablets or iPads. Barry can provide an earlier Photoshop version if required.

APPLE iPhone / iPad

Maximise your skills with your Apple iPhone &/or iPad. Extend your use and customise settings Bring your phone/Tablet fully charged. **Maximum 18**

Leader : Rob Andrews Mob: 0479 152 534

Assistant: Pat Nuske Mob: 0428 215 279

Dates: **T 1: Not offered**

T 2: Tues. Apr. 30th, May 7th, 14th, 21st, 28th.

Time: 10.30am-12.30pm

Venue: White Park (Hall Projector end)

Cost: **\$2 per session**

HEALTHY EATING

NEW

A focus on nutrition and healthy eating. Demonstrations, recipes and fun hands-on practical. **Max 10** per session.

Tutor: Helen Elix Mob: 0410 510 280

Assistant: Pat Nuske Mob: 0428 215 279

T1: Fri March 1st —Salads in a Jar

Fri March 15th —Breakfast in a Jar

T2: Fri June 7th —Salads in a Jar

Fri June 21st —Breakfast in a Jar

Time: 2—4pm

Venue: White Park (Kitchen & Hall TV end)

Cost: **\$10.00 per session Prepay at enrolment .**

ARTS & CRAFTS

WRITING FOR PLEASURE

(Semester 1 Enrolment) MAXIMUM 18

Put pen to paper and create a story or verse.

Discussion and plenty of laughs!

Leader: Paul Crook Mob: 0433 736 320

Date: T1: Wed, Feb 7th (fortnightly)

T2: Wed, May 8th (fortnightly)

Time: 10.00am – 12md

Venue: White Park (Hall TV)

Cost: \$2 per session



ART FOR PLEASURE

(Semester 1 Enrolment) Maximum 14

Drawing, painting, watercolours or acrylic? This is a friendly gathering, and help is offered to beginners.

Leader: Graham Peake Mob: 0409 016 677

Assistants: Wendy Osborne Mob: 0438 447 278

Date: T1: Wed, Jan 31st (fortnightly)

T2: Wed, May 1st (fortnightly)

Time: 9:30am – 12md

Venue: White Park (Hall, TV)

Cost: \$2 per session

Tutor Graham Peake will be absent for the 1st Semester but with the skill level of the class he is confident there is plenty of help for those that need it.



CARD MAKING - Maximum 8

This term we will be making a variety of cards.

Please bring your own scissors.

Leader: Rosalie Pike Mob: 0428 836 171

Assistant: Maggie Davidson Mob: 0412 272 103

Date: T1: Tues, Jan 30th (fortnightly)

T2: Tues Apr, 30th (fortnightly)

Time: 1.00pm-3.00pm

Venue: White Park (Front Room)

Cost: \$2.00 per session plus \$5 for card kit supplied



GENEALOGY

GENEALOGY Maximum 23

(Semester 1 Enrolment) Research your family tree using Ancestry, Trove and other online resources.

Leaders: Sheila Lewis Mob: 0427 398 394

Edith Snell Ph: 8572 7353

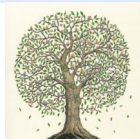
Date: T1: Mon, Jan. 29th (weekly)

T2: Mon, April 29th (weekly)

Time: 10am-12 md

Venue: White Park (Hall, Projector end)

Cost: \$2 per session.



ONLINE LEARNING WITH U3A SA

Members interested in FREE online courses via Zoom, are encouraged to visit: u3asouthaustralia.org.au and search under the tab 'STATEWIDE ONLINE'.

These courses are not offered by U3A Murraylands.

Need help with enrolment or have questions?

Enquiries: Helen Elix M: 0410 510 280

PLEASE NOTE—WAITING LISTS

Some classes have a maximum number. If enrolling for these classes **once the maximum number is reached** your name will be added to a waiting list. **The Program Coordinator will contact you if this happens. Note: If you are unable to attend classes or activities please notify the Tutor or Program coordinator.**

COST of Membership

Member renewals are \$20 per calendar year
(1st January to 31st December)

Renewals are due before the start of Term 1 / 2024

Monday, 29th January

New members pay \$20 to become a member anytime from 1st January to 30th June, OR \$10 anytime from 1st July to 31st December i.e., the second half of the year.

Details for ONLINE Payments

ACCOUNT: UNIVERSITY of the THIRD AGE ML

BSB: 015-665

ACCOUNT NO. : 4982-52407

Include your name and reason for payment.

Please also send a brief Email: 'Attention Treasurer' E: u3amltreas@outlook.com regarding details of payment. Thank you!

ACTIVITY VENUES

White Park Community Clubrooms

19 Mulgundawah Road, Murray Bridge

Murray Mallee Aged Care

2A Myall Avenue, Murray Bridge

Ken Wells Pavilion—Murray Bridge Showgrounds

Croquet Club Thomas St , Murray Bridge

Murray Bridge Bowling Club (Cnr Thomas St. & Adelaide Rd)

Murray Bridge Public Library-Marketplace

Lutheran Church Hall, Schenscher Road, Monarto

MUSIC

KEYBOARD

(Semester 1 Enrolment)

NOTE: New times



Tutor: Jo Leach Mob: 0412 761 846

Date: T1: Wed, Feb 21st (fortnightly)

T2: Wed, May 8th (fortnightly)

Time: 10.00 pm – 12.00 md (**NEW TIME**)

Venue: White Park (Hall, Projector end)

Cost: \$2.00 per session

Supply your own music, keyboard, keyboard stand and earphones. Contact Jo to discuss.

UKULELE—BRIDGE STRUMMERS

(Semester 1 Enrolment) Minimum 10

Enjoy singing and playing a varied selection of songs. Playing for pleasure.



Leader: Sandra Sims Mob: 0422 041 799

Assistant: Sam Cozens Mob: 0429 145 532

Jean Filmer Mob: 0417 816 880

Dates: T1: Mon, Jan 29th (weekly)

T2: Mon, Apr 29th (weekly)

Time: 1pm–3pm

1pm-2.00pm Instruction Sam Cozens

2.00pm-3.00pm Singalong Sandra Sims

Venue: White Park (Hall, Projector End)

Cost: \$2.00 per session

VOCALIZE - SINGING GROUP

(Semester 1 Enrolment) Singing in groups improves our sense of happiness and well being, as well as a sense of community and belonging.

Date: T1: Tues, Jan 30th (weekly)

T2: Tues, Apr 30th (weekly)

Leader: Coralie Mattner Mob: 0473 371 361

Assistant : Peter Geue Ph: 8532 6659

Pianist: Keryl Kiel

Venue: White Park (Hall, Projector end)

Time: 1:00–2:00pm

Cost: \$2.00 per session

STRETCH THE BRAIN

NEW

CANASTA

Maximum 16

Interested in playing Canasta? Beginners welcome.

Facilitator : Barb Fawcett Mob: 0409 180 103

Assistant : Pam Doecke Mob: 0409 620 596

Date: T1: Thur, Feb 8th (Fortnightly)

T2: Thur, May 9th (Fortnightly)

Time: 10.00pm – 12.00md

Venue: White Park (Main hall)

Cost: \$2.00 per session



STRETCH THE BRAIN (CONT.)

RUMMIKIN TILE & CARD GAME

(Semester 1 Enrolment)

Maximum 16

Join our friendly group to play, beginners are welcome.

Facilitator: Kerry Davis Mob: 0407 719 373

Date: T1: Mon, Jan 29th (fortnightly)

T2: Mon, Apr 29th (fortnightly)

Time: 1.00pm – 3.00pm

Venue: White Park (Front Room or Hall)

Cost: \$2.00 per session

MAHJONG

Maximum 40

(Semester 1 Enrolment) Please indicate if you are a new player as there is a maximum of 4 new players to commence at the beginning of Semester 1, Term 1 each year.

Please arrive 10 minutes prior to starting time.

Facilitator: Annette Nelson Mob: 0417 823 988

Assistant: Sue Hawkes Mob: 0487 175 356

Jan Menz Mob: 0407 790 146

Date: T1: Wed, Jan 31st (fortnightly)

T2: Wed, May 1st (fortnightly)

Time: 1.00pm–4.00pm

Venue: White Park (Hall)

Cost: \$2.00 per session Mahjong handbook required Addition cost (\$18)



SCRABBLE

Maximum 20

(Semester 1 Enrolment)

An afternoon of fun with words.

Consider joining the scrabble group.

Facilitator: Jan Menz Mob: 0407 790 146

Assistant: Faye Campbell Mob: 0417 081 236

Date: T1: Wed, Feb 7th (fortnightly)

T2: Wed, May 8th (fortnightly)

Time: 1.00pm–4.00pm

Venue: White Park (Hall or Front Room)

Cost: \$2.00 per session



500 CARD GAME

Maximum 16

(Semester 1 Enrolment)

Interested in playing 500? Beginners welcome.

A **fortnightly** activity on a **Thursday**.

Facilitator: Pam Arbon Mob: 0438 288 121

Assistant: Ken Carter Ph: 85323 948

Date: T1: Thur, Feb 8th (fortnightly)

T2: Thur, May 9th (fortnightly)

Time: 1.30pm – 3.30pm

Venue: White Park (Front Room)

Cost: \$2.00 per session



BOOK DISCUSSION GROUPS

1ST WEDNESDAY—MORNING COFFEE & BOOK DISCUSSION GROUP (Semester 1 Enrolment)

Maximum 12

Starting with tea or coffee. Come and join an informal exchange of views about a book which has been supplied



First Wednesday of each month

Leader: Helen Clark Mob: 0407 727 119

Assistant: Chris Harvey Mob: 0428 865 862

Dates: T1: Wed, Jan 3rd, Feb 7th, Mar 6th, Apr 3rd
T2: Wed, May 1st, Jun 5th, Jul 3rd

Time: 10.00am – 11.30am

Venue: Murray Mallee Aged Care,
Myall Ave, Murray Bridge

Cost: \$2.00 per session.

FIRST WEDNESDAY BOOK CLUB

(Semester 1 Enrolment)

A Library Group, sponsored by friends of the Library. U3A members are welcome to attend, lively discussion of fiction and nonfiction. First Wednesday of each month.

Facilitator: Peggy Bennett Ph. 8532 3429

Dates: T1: Wed, Jan 3rd, Feb 7th, Mar 6th, Apr 3rd
T2: Wed, May 1st, Jun 5th, Jul 3rd

Time: 1.00pm—3pm

Venue: Murray Bridge Public Library

Cost: Free Session

FUN & FITNESS

CROQUET Come & Try

The Murray Bridge Croquet Club are offering U3A members an opportunity to play Croquet. Please wear closed shoes with flat soles. Equipment supplied.



Contact: Keryl Kiel M: 0417 858 921
Date: T1: Thurs, Feb 15th, 22nd, 29th & Mar 7th
T2: Not offered

Times: 8:45am for 9:00am start (**NEW TIMES**)

Venue: Croquet Club
Cnr Thomas St & Short St, Murray Bridge

Cost: \$20 for 4 sessions, or \$5 per session.
Pay on the day at the Croquet Club.

Morning Tea will be offered on the final day.

SOCIAL INDOOR CARPET BOWLS **Maximum 16**

A relaxing and enjoyable social game.

Leader: Yvonne Mach Ph: 8532 6024

Assistant: Jean Filmer Mob: 0417 816 880

Date: T1: Fri, Feb. 23rd, Mar. 1st, 8th, 15th, & 22nd
T2: Fri, May 3rd, 10th, 17th, 24th, 31st

Time: 1pm—3pm

Venue: Lutheran Church Hall,
Schenscher Rd,
Monarto

Cost: \$3 per session



FUN & FITNESS

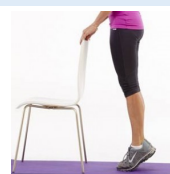
INDOOR FITNESS & EXERCISE

(Semester 1 Enrolment)

"Balance and Bones". Our strength, balance and co-ordination programme is for everyone. We follow a recommended DVD developed by U3A Network NSW.

BYO own weight (500 gram or 1 kg) & ball.

One session per week/per member. Decide on a Tuesday **OR** a Friday. If you need to switch days, please contact your Leader. **Note: 'All participants to complete a 'Screening Questionnaire'**



TUESDAY CLASS

Maximum 24

Leader: Debbie Griffiths Mob: 0448 956 606

Assistant: Thelm White Mob: 0430 483 560

Dates: T1: Tues, Jan 30th (weekly)
T2: Tues, Apr 30th (weekly)

Time: 9.00am–10.00am

Venue: White Park (Hall)

Cost: \$2.00 per session

FRIDAY CLASS

Maximum 24

Leader: Keryl Kiel Mob: 0417 858 921

Assistant: Jean Filmer Mob: 0417 816 880

Dates: T1: Fri, Feb. 2nd (weekly)
T2: Fri, May 3rd (weekly)

Time: 9.00am–10.00am

Venue: White Park (Hall)

Cost: \$2.00 per session

WALKING WITH GRAHAM

(Semester 1 Enrolment)

All welcome irrespective of fitness level.
For new walkers please notify of restrictions ie unable to walk over uneven ground/walking up hill etc.
Please wear comfortable shoes, dress for the weather, bring a light snack, drinking water & wear name tags.
Walking will commence subject to suitable weather. Graham will notify us of destinations. **Check emails!**

Contact: Margaret Davidson Mob: 0412 272 103

Dates: T1: Fri, Mar. 8th (fortnightly)
T2: Fri, May 10th (fortnightly)

Times: 9:00am depart MB Railway Station (unless otherwise advised)

Locations: To be confirmed—Check your email

Cost: Nil

TABLE TENNIS

Keep fit with Table Tennis.

Please Enrol each Semester

Facilitator: Rob Hancock Mob: 0439 802 209

Assistant: Barry Griffiths Mob: 0418 708 010

Date: T1: Wed, Feb 7th, 14th, 21st, 28th
T2: Wed, May 8th, 15th, 22nd, 29th June 5th

Time: 9.30am – 11.30am

Venue: Ken Wells Pavilion MB Showgrounds

Cost: \$4.00 per session



ACTIVITIES & EVENTS—TERM 1 & 2 2024

PAYMENTS FOR SOCIAL EVENTS

Members are requested to pay for social events at the specific time stated. We do not encourage you to pay for these events too soon, as this minimises the potential for a refund particularly if you are unable to attend. Thank you for your cooperation.

PISTOL SHOOTING—TERM 1

PISTOL SHOOTING Minimum 10/Maximum 16

Facilitator: Jerry Wilson

Contact: Wendy Osborne Mob: 0413 704 951

Date: Saturday 10th February

Time: 1.00-3.00pm

Venue: Murray Bridge Pistol Club

Cost: \$10 pay on the day.



Meet at the Murray Bridge Railway Station at 12.30pm. Previous trophy winners are not eligible to win a second trophy.

COFFEE 'N' CHAT TERM 1

MELODIES ON THE MURRAY AFTERNOON TEA

Afternoon Soiree with our own Vocalize and Ukelele groups.

Venue: White Park (Hall).

Date : Tuesday March. 12th

Time: 2.00pm

Cost: \$5.00 per person with enrolment.

Contact: Maggie Davidson Mob: 0412 272 103
(Sweet, savoury & gluten free food)
Any special diets?



FILM APPRECIATION

Pam Luke will inform those who have enrolled about the films as they become available and when, at Murray Bridge or Mt Barker Cinemas.

Date: TBA Please keep an eye on your EMAIL.

Contact: Pam Luke Mob: 0428 813 331



LAWN BOWLS 'COME & TRY'

Leader: Barry Griffiths M: 0418 708 010

Offered Semester II

Dates & Times—To be advised.



Location: Bowling green, Cnr Adelaide Rd & Thomas Street, Murray Bridge.

Details are still to be confirmed.

Minimum 10 participants to proceed.

ARMCHAIR TRAVEL TERM 1



Guest Speakers : Ruth and Lynton Hall

TOPIC: 2023 Safari trip to Botswana & Zimbabwe

Date: Thursday 11th April 2024

Time: 1.30 pm

Venue: White Park (Hall)

Cost: \$2.00 per person.

LUNCH AT LANGHORNE CREEK —TERM 2

Where: Bridge Hotel, Langhorne Creek

Date: Thursday, 16th May 2024

Cost: Lunch & drinks at your own expense.

Pay on the day.

Meet: Murray Bridge Railway Station Car Park

Time: 11.15am for 11.30 departure (car pool)



GUEST SPEAKER TERM 2

GUEST SPEAKER; Lions Hearing Dogs spokesperson.

Date: Thursday June 13th 2024

Time: 1.30pm

Venue: White Park Main Hall

Cost: \$2.00 per person

NOTE: Merchandise will be available for sale or you can give a donation.



NEWS, UPDATES AND NOTICES

OPTION TO PAY BY CREDIT CARD

U3A Murraylands offers the option of paying by credit card online or at the Office, on Thursdays 10-12 noon i.e., for social events and membership renewal. If you have any questions please ask at the office.

NOTE: DIETARY REQUIREMENTS

Any members who have special dietary requirements i.e., for social events, must alert the Program Coordinator and the Contact person listed in the Newsletter in advance of the event. U3A aims to provide members with safe food options.

PROCESS FOR REFUNDS

U3A social events such as excursions usually involve a cost for members. U3A offers these programs providing value for money with as much flexibility as possible. If members require a refund, be aware that some venues are not flexible and require payment on the numbers at time of booking.

Members are required to complete a 'Refund Request' form. These forms can be collected at the Office, or downloaded on the U3A website: <https://www.u3amurraylands.net/more-about-us> 'Refund Request' forms can be returned to the office (during office hours), or placed in the White Box in the front room during regular classes.

The 'Refund Request' form provides 3 options

1. Cheque refund to be collected at Office
2. Bank refund (Your BSB & Account Number is required)
3. No refund required

'Refund Requests' is an Agenda item at committee meetings. The U3A Treasurer will be the contact person following committee approval.

RENT & INSURANCE

U3A Murraylands operate under a 'user pay system' i.e., \$2 to attend most classes. This small fee helps U3A pay rent for each area at White Park. When classes are held at venues other than White Park the above does not apply. Note that fees for classes not held at White Park are set by that particular organisation i.e., Table Tennis, Carpet Bowls, Lawn Bowls, Croquet, and Pistol Shooting.

Insurance: U3A Murraylands pay U3A SA (our peak body), \$2 per member annually to cover Public Liability Insurance. Public Liability does not cover Ambulance transport, this remains the responsibility of the individual member. Members of the committee, tutors and leaders are also covered by the 'Volunteer Workers Insurance'. Detailed information about this cover can be found at the website below.

<https://u3asouthaustralia.org.au/insurance-documents/>

PLEASE NOTE

1. Remember to advise your Tutor or Course Leader if you are **unable to attend a class, or have decided not to continue** the class you have enrolled in.
2. If your **contact details** have changed, contact the Program Coordinator.
3. U3A **Newsletters, Membership and Enrolment Forms** are available at the Office, 19 Mulgundawah Road, Murray Bridge, Thursdays 10am-12noon OR on the website: <https://www.u3amurraylands.net/>
If you have any questions please phone U3A M: 0413 704 951

REMINDER—CLASS FEES

Members are reminded to pay the correct fee for classes and events they attend. We endeavour to keep these costs to a minimum on a 'user pays' basis.

ATTENDANCE BOOK

All members must sign the attendance book, as this covers you for Insurance as well, and particularly in the event of an Emergency Evacuation

UPDATES AND REMINDERS

ENROLMENT DEADLINE—Semester 1

**All enrolments to be received at the office
Thursday, 4th, 11th or 18th January 2024**

U3A Office Dates

Thursday December 21st 2023 CLOSED

Thursday December 28th 2023 CLOSED

Thursday January 4th 2024 OPEN

IMPORTANT REMINDER

Please wear your NAME TAG to all courses and activities. Ensure the Emergency Contact details on the back are current. Need a replacement?

Call the U3A mobile on 0413 704 951.

John Smith 	EMERGENCY CONTACT
	(Name & Phone number) DOCTOR
	(Name & Phone number) ALLERGIES or MEDICAL CONDITIONS
	Please wear your name tag to classes/events.

DATES FOR YOUR DIARY

SEMESTER 1/ 2024

Term 1 Mon 29th Jan—Fri 12th April (11 weeks)

School Holidays Mon 15th Apr—Fri 26th

Term 2 Mon 29th Apr—Fri 5th Jul (10 weeks)

School Holidays Mon, 8th Jul—Fri 19th

PUBLIC HOLIDAYS:

Monday 1st January

Friday 26th January

Tuesday 26th Dec

Friday 29th March

Saturday 30th March

Sunday 31st March

Monday 1st April

Thursday 25th April

Monday 11th March

Monday 10th June

New Years day

Australia Day

Proclamation Day

Good Friday

Easter Saturday

Easter Sunday

Easter Monday

ANZAC Day

Adelaide Cup day

Monarch's Birthday

CHANGE TO SEMESTER ENROLMENTS

Throughout this Newsletter you will notice the change from 'Yearly Enrolments' to 'Semester Enrolments.'

What does this mean? Members will need to enrol each semester.

If you enrolled in any of the courses or activities listed below during Semester I, you will need to re-enrol for Semester II.

Please make sure you have all the dates and times in your personal diary for courses and activities you have enrolled in.

If you have questions please do not hesitate to contact the Program Coordinator M: 0413 704 951, or ask at the Office on a Thursday morning from 10am-12 noon.

Semester Enrolments List

Art for Pleasure	Mahjong
Book Groups	Rummikin—Tile Game
Cards—500	Scrabble
Cards—Canasta	Ukulele
Card Making	Vocalize-Singing Group
Fitness (Tues & Frid)	Writing for Pleasure
Keyboard	Walking with Graham
Genealogy	

THANK YOU



Thank you!



**Printing done by
the Office of Tony Pasin MP
Federal Member for Barker**

U3A SA 'STATEWIDE ONLINE'

Check the current free courses on the website <https://u3asouthaustralia.org.au/>

Contact Helen Elix M: 0410 510 280 for help or more information.

SEMESTER 1—2024

COURSES I HAVE ENROLLED IN—SEMESTER 1	VENUE	DAY / DATE	TIME/S

IMPORTANT NOTES

Always refer to your Newsletter for full details of courses and activities or via the U3A website.

Members can expect to receive an email at the beginning of a Term or Semester to confirm your enrolment. Exceptions may include activities that occur once per term i.e., Coach/Excursions, Coffee N Chat, any cancellations, or details that change.

Members are advised to keep a record of their enrolment choices, dates, times, locations, tutors contact details etc.

Tutors will receive an email with a list of participants following enrolment.

Questions and suggestions are welcome! Continuous improvement belongs to all of us.

Contact Program Coordinator: 0413 704 951

Please remember to sign in for each class and pay the correct fee.

MEMBER PROFILE— WENDY OSBORNE

I grew up in Adelaide where the family divided our time between Adelaide and Wilcannia NSW spending many holidays behind a mob of sheep and learning to drive a car/4WD at the grand old age of 8.

My father as an old Etonian, believed in private schools so I was educated at Walford and my brother at Pultney.

On Leaving school I spent the next 4 years nursing training at St Andrews Presbyterian Hospital. I met my first husband during this time and after we were married, we went “bush” first to the Olary region then the Gawler Ranges where we played ‘musical homesteads’ for a number of years till finally I was accepted as a ‘company wife’ and we settled on Oakden Hills Station near Woomera. (Pastoralist in those days only married nurses or teaches as they were useful on the station). During my time on Oakden I was a relief nurse with the RFDS, MT Gunson Mines and relief theatre nurse at the Woomera Hospital. As I was fortunate to have a governess to teach the children I started (as my family say ‘my serial volunteering career’). I quickly found myself in executive positions with the RFDS, Outback Childrens Parents Association, Woomera Wives Club, President CWA of the Air and President Port Augusta Branch of the Liberal Party as well as on the Pt August Pastoralist Ball Committee all at the same time.



After my marriage collapsed, I got a job in survey at Mount Gunson Copper Mine situated on the NE corner of Oakden Hills where I met Geoff who was one of my bosses. When Mt Gunson closed Geoff & I transferred to WA, me in the office in Perth, Geoff in the goldfields near Laverton.

When my father was very ill, I moved back to Adelaide where I was able to spend a few months with him before he died. As I needed a job while Geoff was overseas I became SA Liaison Officer for the Liberal Party a position I held for 18 Years. Volunteering was still in my blood as I became the Australian American SA President while still keeping my interests in my other committees.

Geoff made an honest woman of me and we married in 2002 and I moved with him to Roxby Downs. In his spare time he started a radio Station from scratch (still going today and is very successful) and of course, I ended up as the volunteer Station Manager. I also found myself on the inaugural Roxby Downs Board that has since become the Council.

We moved to Tasmania in 2008, Geoff managing a mine at Zeehan while I divided my time between Hobart and Zeehan. During that time, to keep busy, I became the Tasmanian State President of the Australian American Association, President Claremont Probus Club and Secretary of the Clairmont Garden Club. When Geoff retired, we moved back to the ‘big island’ and flat land as living on the side of Mt Wellington our knees and backs were not coping, we either had to put a lift in the house or move as our land was 18 vertical meters from the front gate to the back fence with the house situated half way.

We have just started our 9th year living in Murray Bridge. Why Murray Bridge you ask? ask Geoff, “BECAUSE ITS FLAT’. We have a daughter, granddaughter and great granddaughter living near Meningie and Murray Bridge is halfway between them and Adelaide where Geoff’s specialists are.

This year I retired from 7 years as secretary of the Murray Bridge Social Garden Club as well as secretary of the Lower Murray Amateur Radio Club. For the past 8 years I have been a board member of the Johnston Park Community Clubrooms Management Committee and now hold the position of secretary. My journey with U3A started two years ago when Jean Filmer approached me to look after the Social Committee, (a sub-committee of the management committee). In 2023 I accepted the nomination of Program Coordinator.